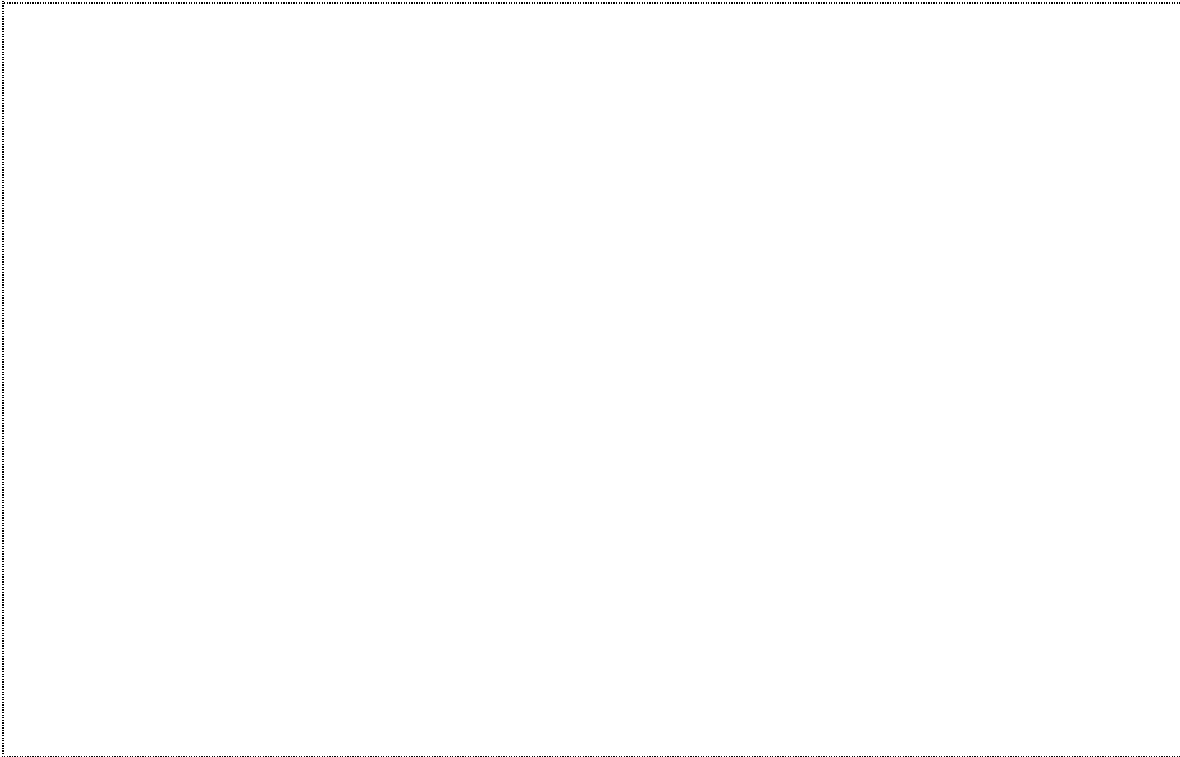


PEACE PYRAMID EXERCISE



1. Draw the pyramid.

2. Start at the bottom. At each level, ask the questions:

- How am I doing in this department?
- Am I currently giving this level the right amount of attention?
- What changes do I need to make to ensure that I'm giving this level the time and energy it deserves?

3. Don't move up to the next level of the pyramid until you have *complete peace* about the current level.